

Finger Lakes Gymnastics Summer Camp 2011

Come flip with us this summer at Finger Lakes Gymnastics! Our summer camp provides expert gymnastics instruction for children ages 4 years old and up. Our camp is for both children just beginning gymnastics or the gymnast with years of experience. All of our campers will receive instruction on the gymnastics events including the trampoline and 40 foot long tumble trak. Campers will also be participating in a variety of activities including outside activities, games, arts and crafts and swimming!!

Why Choose Finger Lakes Gymnastics?

8400 square foot FULLY AIR CONDITIONED facility
Trained and qualified staff
FREE Before and After Care 8:00-9:30am and 4:00-5:30pm
Swimming three times a week at Buttermilk or Treman Park
Buses provided by "Ithaca Airline Limo" to and from swimming site
Open Gym Time Fridays 3:30-4:00pm
Arts and Crafts including Tie-Dye on Fridays

Cost Of Camp:

Full Day Camp - \$200 **(Week of 7/5-7/8 - \$160 - 4 Days Only)
Half Day Camp - \$135 **(Week of 7/5-7/8 - \$110 - 4 Days Only)
Register for 3 weeks of more....ONLY \$180 per week!!
Second Child Discount..... \$10 Off per week!!

Other Things To Know:

Please pack a lunch, snack, swimsuit, towel, sunscreen & water shoes/sar DAY! On Fridays your camper should bring and item to Tie-Dye. Please put y on all belongings. Campers are broken into groups based on age/ability. Campers have a chance to swim several times a week. Lifeguards at Buttermilk/Treman will ensure your campers safety and administer swimming tests for the deep end. Parents are required to sign their camper in and out of camp every day. If someone other than a parent is picking up your child, please add them to the Pick-Up Information form.

Sample Daily Schedule:

8:00-9:30	Doors open for early drop off. No Fee!!
9:30-12:30	Warm-up, stretch, gymnastics, snack and tons of fun!
12:30-1:15	Lunch Break (Half Day Camp Ends At 12:30)
1:15-2:30	Swimming (M, W, F). Outside activities and or group games (T,R).
2:30-4:00	More gymnastics and tons of fun! (Open Gym on Friday 3:30-4:00)
4:00-5:30	Late Pickup. No Fee!!

How To Register:

- Fill Out and SIGN the Registration/Pick Up Form
- Fill Out and SIGN the Medical form
- Send a copy of your campers most current immunization records
- Send the \$100 non-refundable/non-transferable deposit (per child/per week) This deposit will go towards your summer camp fee (Example: 1 child for 2 weeks = \$200 non refundable/non-transferable deposit) **The entire remaining balance is due the first day your child is in camp.**

